



Shelley was one of the first, racialized women practitioners in the Ontario Athletic Therapy community. She has been described by fellow ATs of her era as "brilliant", "enthusiastic", a "passionate practitioner", "wonderful healing hands" and a true advocate of the AT profession. A former colleague from the Ontario Sports Centre recalls her vividly as "one of a kind", a force of nature, very loyal, very generous and a wonderful person.

Before pursuing Naturopathy and other forms of natural medicine, Shelley was an Athletic Therapist who worked with numerous athletic organizations, including the Ontario Rugby Union, Canada Summer Games, York University Sports Injury Clinic and the PGA of Canada. She expanded her career and skills by becoming a Doctor of Natural Medicine and a Doctor of Acupuncture.

Dr. Shelly Hood died March 22, 2017. Her legacy as a DEI trailblazer lives on with the bursary.